



Steady

A private place for your recovery

Track your clean days, ride out urges and keep your daily routines close. For adults aged 18 and over.

HOW TO GET IT

steady.lightkeeperstudio.co.uk

Or on an Android phone, search for Steady on Google Play.



Your records stay on your phone. No account, and nothing is sent to us or to your service.

Got a licence key from your service? In Steady, go to Settings, then Licence, and paste it in.

In an emergency, call 999

Samaritans 116 123: free, 24/7, whatever you're going through

Given to you by _____

Steady supports recovery. It isn't medical treatment, and it doesn't give medical advice.



Steady

A private place for your recovery

Track your clean days, ride out urges and keep your daily routines close. For adults aged 18 and over.

HOW TO GET IT

steady.lightkeeperstudio.co.uk

Or on an Android phone, search for Steady on Google Play.



Your records stay on your phone. No account, and nothing is sent to us or to your service.

Got a licence key from your service? In Steady, go to Settings, then Licence, and paste it in.

In an emergency, call 999

Samaritans 116 123: free, 24/7, whatever you're going through

Given to you by _____

Steady supports recovery. It isn't medical treatment, and it doesn't give medical advice.



Steady

A private place for your recovery

Track your clean days, ride out urges and keep your daily routines close. For adults aged 18 and over.

HOW TO GET IT

steady.lightkeeperstudio.co.uk

Or on an Android phone, search for Steady on Google Play.



Your records stay on your phone. No account, and nothing is sent to us or to your service.

Got a licence key from your service? In Steady, go to Settings, then Licence, and paste it in.

In an emergency, call 999

Samaritans 116 123: free, 24/7, whatever you're going through

Given to you by _____

Steady supports recovery. It isn't medical treatment, and it doesn't give medical advice.



Steady

A private place for your recovery

Track your clean days, ride out urges and keep your daily routines close. For adults aged 18 and over.

HOW TO GET IT

steady.lightkeeperstudio.co.uk

Or on an Android phone, search for Steady on Google Play.



Your records stay on your phone. No account, and nothing is sent to us or to your service.

Got a licence key from your service? In Steady, go to Settings, then Licence, and paste it in.

In an emergency, call 999

Samaritans 116 123: free, 24/7, whatever you're going through

Given to you by _____

Steady supports recovery. It isn't medical treatment, and it doesn't give medical advice.